

Welcome to
Frome Nursing Home's
Edition 6 2026 Newsletter



EXCELLENCE * PEOPLE-DRIVEN * INTEGRITY * COMPASSION

newsletter

EDITION 6 2026

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Hello From Sherin

Welcome to Edition 6 of our newsletter. We are pleased to share some of the moments and updates from the past few months here in our home.

It has been a busy and joyful time, with Easter celebrations, VE Day and visits from entertainers bringing plenty of smiles and special moments for our family members.

We are also delighted to introduce our new Group Catering Lead, Neil Whalen, who has joined Evolve Care Group with a wealth of experience and a passion for creating nutritious, home-cooked meals for everyone to enjoy.

As always, thank you for your continued support and for being such an important part of our community. We hope you enjoy reading this edition and looking back at some of the moments we have shared together.

Sherin, Registered Home Manager.

Feedback

"It was lovely to see photos of my dad doing flower arranging."

"Frome Nursing Home provided a very caring environment for my mother, who had dementia. They worked hard to understand my mother, to make her happy and give her dignity. She always looked very well turned out."

"They are lovely (the team) and look really well after my dad. They are amazing!"

Recent Events

Spring brought plenty of special moments for our family members, starting with a fun-filled Easter egg hunt in the garden. Hidden treats kept everyone engaged, with family members working together, encouraging one another and enjoying plenty of laughter along the way. Of course, no Easter celebration would have been complete without lots of chocolate to go around too.

As the season continued, we welcomed May with a lovely high tea in the garden. The tables were beautifully set with napkins and cake stands filled with finger sandwiches, fresh scones with cream and jam, and even a cheeky glass of bubbly. It was a wonderful afternoon and a lovely way to make the most of the spring sunshine.

Later in the month, the garden was once again filled with music and togetherness as family members gathered to honour VE Day. Everyone joined together singing, with familiar wartime tunes creating a real sense of unity and reflection, bringing everyone closer as they marked the historic occasion.

To celebrate England's first World Cup game, family members came together to watch the match, with the home decorated in flags and football-themed touches. The celebration also coincided with Care Home Open Week, where this year's theme was the 2026 World Cup. In honour of the USA hosting the tournament, everyone enjoyed burgers, chips and hot dogs, adding to the party atmosphere. With plenty of cheering and football on the screen, it was a lively way to kick off both the tournament and the week's celebrations.



Frome Community College Visit

Frome Nursing Home Manager Sherin Anup visited Frome Community College recently alongside Care Practitioner Kat Wilcox, to open up a conversation to the young audience about a career in care.

They talked through fair pay across all ages, explaining that rates are the same whether someone is 16 or 21 and above. The conversation also covered the different roles within the home, not just care, domestic, administration, maintenance and catering roles, giving a clearer picture of how many different paths there are in care. Kat shared during the presentation, "There is a role for everyone, many people think that working in a care home is just one role, but there are so many different career pathways at Frome Nursing Home."

At the end of the two-hour talk, students were given pens with the home's name on, and one teacher shared that a former student had volunteered in a care home and came away feeling appreciated for simply being himself. He is since considering a career in care!

This visit to the local community college was a way of showing that these kinds of roles exist locally, and that a career in care is something they can explore within their own community.



An Introduction from Neil Whalen, Our New Group Catering Lead

“Here's a little about me and the work we've been doing”

I've been a chef for over 30 years, starting out as a commis chef and working my way through the ranks to Development Chef and Support Catering Manager. My career has taken me through some of the biggest names in contract catering — Baxter Storey, Compass, Sodexo, and Aramark, before finding my true passion in care catering, which I moved into in 2013 with Barchester in Bristol.

That move changed everything for me. Care is where food really matters on a personal level. You're not just feeding people, you're supporting their health, their dignity, and their happiness every single day.

When it came to developing the new menus at Evolve Care Group, I focused on four things above everything else: seasonality, nutritional balance, familiarity, and clinical need. I wanted menus that felt like proper home cooking, food our family members recognise and love, while also working hard nutritionally, supporting those who may be at risk of malnutrition, recovering from illness, or living with conditions like dementia.

Contrast and variety were equally important. Colour on a plate, a mix of textures, familiar favourites alongside the occasional something new, these details genuinely make a difference to whether someone eats well or not.

My vision going forward is simple: that every family member across our homes sits down to a meal that nourishes them, comforts them, and that they genuinely look forward to. Food should never be an afterthought in care - it is care.

To view our complete Summer menu, please visit our [website](#).



Religious Service

Our monthly religious service takes place on the first Tuesday of each month for family members who wish to take part. These sessions offer time for reflection, prayer and connection in a familiar and supportive setting.

Loved ones are always very welcome to join and share in the service together.



Recent Birthdays

We had the pleasure of celebrating many team member birthdays last quarter!

April

Alison
Mani
Chinchu
Ria
Rubel
Sweeti
Thinlay
Vijay



May

Aqib
Edwin
Jess
Mary J
Nigel
Tejaswani



June

Dylan
Hiren
Jiten
Nikhil
Sandra
Susan
Wipharat



Upcoming Trips

July

9th July - Chew Valley Lake
15th July - Whitehall Garden Centre
21st July - Bitton Railway
28th July - Southwick Animal Park

Aug

11th August - Shearwater Lake Picnic
18th August - Haynes Motor Museum
24th August - Dobbies Garden Centre

September

2nd September - Ten Pin Bowling
10th September - Rural Life Museum
21st September - Haynes Motor Museum
30th September - Weston Super Mare

Thank you for reading, we hope to see you soon!