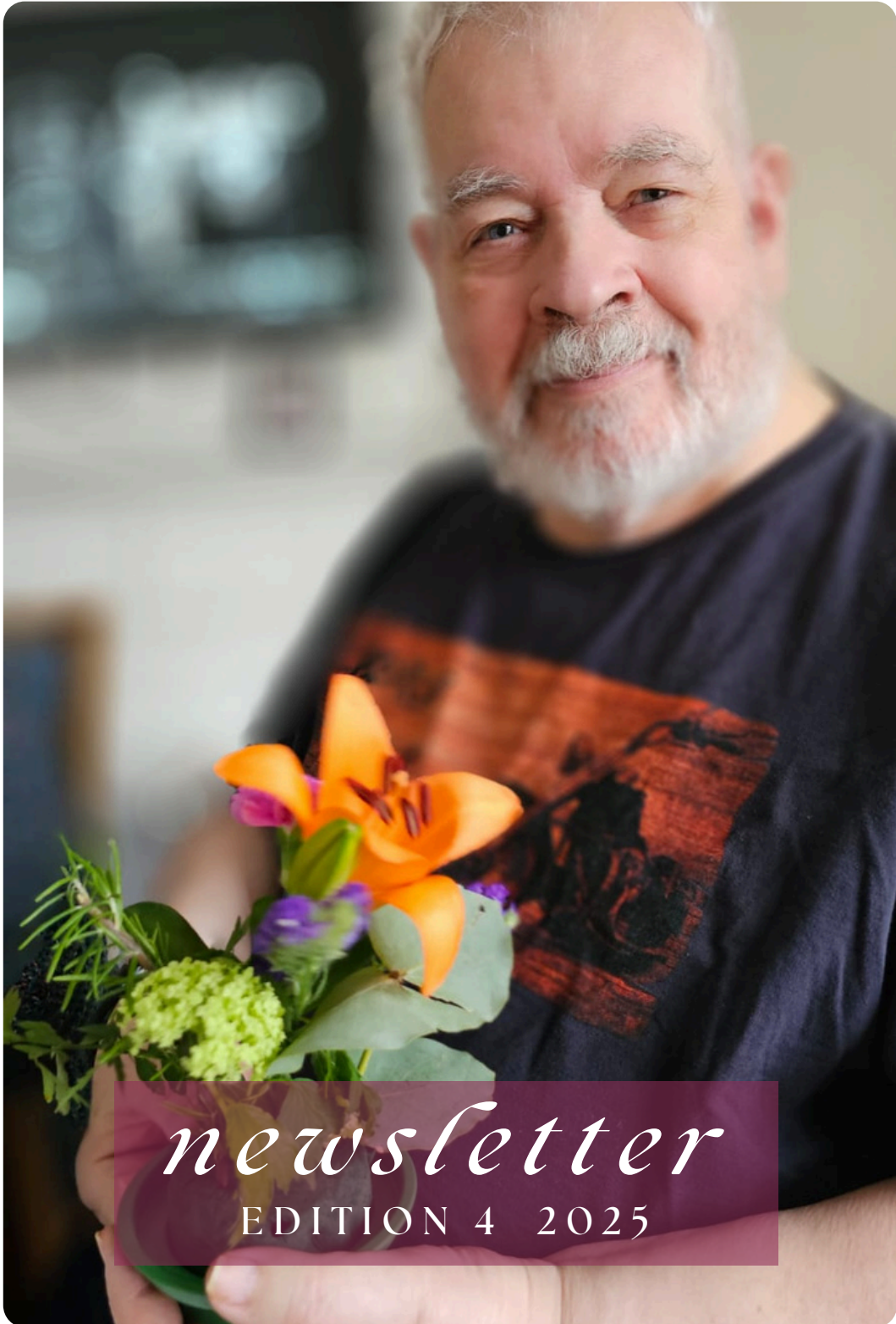


Welcome to  
*Frome Nursing Home's*  
Edition 4 2025 Newsletter

EXCELLENCE \* PEOPLE-DRIVEN \* INTEGRITY \* COMPASSION



*newsletter*  
EDITION 4 2025

EDITION 4

# Contents

3

Hello From  
Sherin



4-5

Recent  
Events



6

Feedback



7

All About  
Food



8

Identity  
Training



9

Birthdays



10

Scam  
Awareness



11-13

Upcoming  
Events





# Hello From Sherin

Welcome to our 4th edition of the newsletter. I would like to thank you all; as a team we have been really busy and have achieved amazing things with the opening of Somerset House. We have had some fantastic things happen within the home, which I am so happy to share with you all. We are collecting for the Frome Foodbank this Christmas, and any donations are greatly appreciated. Please bring them to the front of house. Thank you all for your continued support, and I hope you enjoy reading.





# Recent Events



## Frome town F.C vs Falmouth!



Our sister home, Catherine House Care Home, kindly invited us to join them in watching Frome town F.C vs Falmouth! Even though Frome Town lost the game, our family members really enjoyed this outing. Family member Pauline explained the rules to a team member saying '*Wait here comes a goal!*'



## Farmers Day

We celebrated Farmers Day on the 13<sup>th</sup> of October, as two of our family members, David and Donald, are from a farming background. We made our own scarecrows using straw and dressed them up! This was a fun activity for our family members and the team.



## Halloween



On the 31st of October, we had a lovely Halloween party with Halloween crafts, carved pumpkins, dressing up, and themed food.

## Diwali



In October we celebrated Diwali, where Sherin and family members did a fabulous Rangoli artwork in the home.

## Bonfire Night



On the 5th November, we celebrated Bonfire Night by inviting the local Frome community to join us at the home for a firework display! Everyone enjoyed fair ground rides and the hot food and drinks kept us all warm.

# Feedback

We have had some lovely feedback this quarter. We love hearing from you and thank you for your ongoing support.

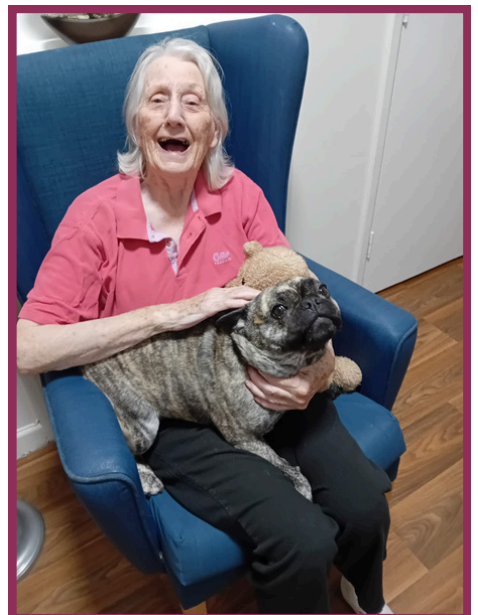
*Thank you for sending this. It makes me so happy to see her so happy, and I just wish I could give her a big hug right now....*



*My partner has been in Frome Nursing Home for 7 months and all the staff are happy, caring, and respectful.*

*What a lovely and happy picture of Wendy on the front cover!*

*Dad was a resident for three years and passed away recently, all festivals are marked with themed decorations. Every family member has a birthday cake made for them. Staff have patience, skills and kindness.*





# All About Food

As the seasons change, so does the food we cook. Now that we're in the colder months, what we're cooking is more winter-based – comforting, familiar dishes people look forward to at this time of year, like traditional roast chicken dinner, shepherd's pie, seasonal vegetables and fish and chips (although a firm favourite all year round!).

Food is a big part of everyday life. The attention to detail isn't just about what's on the plate – it's about choice, dignity, familiarity and the feeling of sitting down to a meal that still feels like you.

Click [AUTUMN/WINTER MENU](#) to have a look at the full menus - bon appétit!





# Identity Training

In September we all joined together in the training room to cover the 'Connections Count' identity course. The room was filled with smiles, laughter, and discussions. It has really helped all team members think about who we are, not just as carers, but as people. Since the training, we have noticed the team are making the rooms more reflective of the family members identities, based on their past occupations and life stories, which is so lovely to see. Team members have spoken about how informative the training was, and how much they enjoyed the hands-on immersive experience.





# BIRTHDAY CALENDAR

## SEPTEMBER

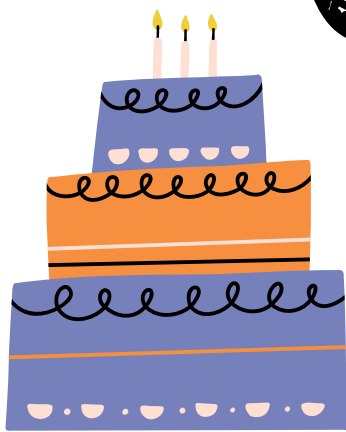
•	Akshay
•	Derek
•	Gary
•	Mitul
•	Rajnessh
•	Viren

## OCTOBER

•	Mandy P
•	Jade
•	NirajKumar
•	Sam
•	
•	

## NOVEMBER

•	Amanda Van- Gorph
•	Ankita
•	Nandheeswaran
•	
•	
•	





# Scam AWARENESS

Online scams are becoming more sophisticated than ever and even the most cautious people can be caught out. Liz, the Home Manager at Sundial Care Home, one of our sister homes, found this out firsthand when she lost £600 to fraudsters pretending to be a relative, a story she shares with us today to help others recognise the warning signs before it happens to them.

The scammers copied the relative's tone, writing style and even used the almost identical email address. Everything looked and sounded genuine.

Sadly, Liz is far from alone. Across the UK, there were over 3 million fraud cases reported last year, with £722 million lost to scams and the numbers are still rising.

## ! Top Tips to Stay Scam-Safe !

- You'll never be asked to buy gift cards/vouchers via email, WhatsApp, Teams or text.
- Always double-check directly with the person, give them a quick call before sending anything.
- Be cautious if someone says they can't talk right now or have lost their voice. Creates a sense of urgency or pressures you to act quickly.

Liz's story is a reminder that scams can happen to anyone. 📺 Watch the video here [Liz's Story - A Reminder for Us All](#) and share it with your family, the more we know, the safer we all are.

- As Crimewatch used to say "keep 'em peeled!"





# DECEMBER | 25

MON	TUE	WED	THU	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Take a look at our events this month  
Trips may be subject to change

1

Pom Pom Chair Exercises

2

Whitehall Christmas Lights

3

Theatre Performance

11

Christmas Jumper day

17

Joe the Singer

22

Christmas Party with Danny Juke Box

# JANUARY | 26

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Take a look at our events this month  
Trips may be subject to change

10

Weymouth Trip

14

Southwick Animal Park Trip

15

Victoria Star

24

W.S.M Fish and Chips

25

Burns Night Lunch

27

Danny Juke Box





# FEBRUARY | 26

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Take a look at our events this month  
Trips may be subject to change

4

Bitton Railway Trip

12

Victoria Starr

19

Ten Pin Bowling

24

Danny Juke Box

27

White Row Lunch



Thank you for reading! We look forward to seeing you over the Christmas period and into the New Year.

Sherin Anup, Home Manager.